

Why Invisalign aligners for your teen?

With Invisalign clear aligners, the difference compared to traditional braces is clear. Invisalign clear aligners are:

Less painful.



Custom made for your teen's teeth. They are laser trimmed to fit your teen's gumline, offering a comfortable fit¹ and move teeth with less pain than traditional braces³.

Improved oral health.



Easily removable to allow for better oral hygiene⁴. Your teen can brush and floss as normal and continue enjoying their favourite foods and activities.

Fewer emergency visits.



Emergency visits are almost **80% less frequent**⁵ than with traditional braces as there is no risk of wire or bracket breakage.

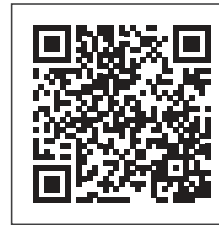
Faster than braces.^{6,7}



Proven to straighten teeth on average **5 months faster** than traditional braces.^{6,7}

Teen smile journeys are easily trackable with **My Invisalign™ app** and via remote monitoring in between practice visits via **Invisalign® Virtual Care**.

Download My Invisalign app from your favourite app store by scanning the QR code.



Ask your dentist or orthodontist about Invisalign treatment today.

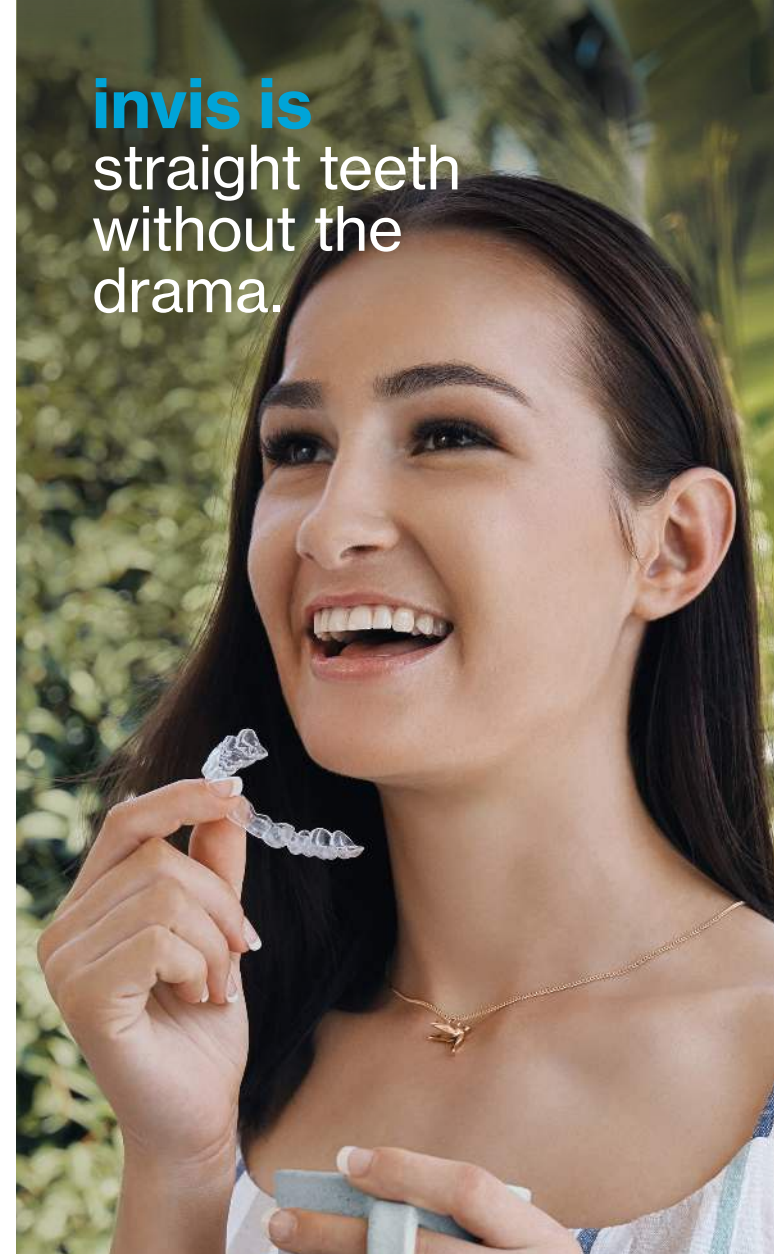
[invisalign.com.au](https://www.invisalign.com.au) | [invisalign.co.nz](https://www.invisalign.co.nz)

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1. Compared to Invisalign aligners previously made from single-layer (EX30) material.
2. Study sponsored by Align Technology and based on adult Class I, nonextraction, mild to moderate crowding cases with SmartTrack material. David W. White, Katie C. Julien, Helder Jacob, Phillip M. Campbell and Peter H. Buschang, Discomfort associated with Invisalign and traditional brackets: A randomized, prospective trial. The Angle Orthodontist Nov 2017, Vol. 87, No. 6 pp. 801-808
3. In a survey of patients age 13-18 rating on a scale of 1-9, with 1 as 'extremely painful' and 9 as 'not at all painful', traditional metal braces patients (n=141) rated 5.1, while Invisalign patients (n=106) rated pain lower at 6.5. Data on File at Align Technology, December 28, 2022.
4. Based on lower modified sulcus bleeding index (SBI) and Plaque Index (PI) with average treatment time of 12.9 ± 7.2 month (fixed appliances) 12.6 ± 7.4 months (Invisalign treatment) on 100 patients (age 11-62, 50 fixed appliances, 50 Invisalign treatment). Azaripour A, et al. Braces versus Invisalign®: gingival parameters and patients' satisfaction during treatment: a cross-sectional study. BMC Oral Health 2015;15:69.
5. Data on File at Align Technology, as of July 12 2017: *Based on a global claims survey by Actionable Research of Invisalign providers, respondents were asked the following question: In what percent of cases do patients require an emergency visit? (Global respondents N= 898).
6. Gu, J et al. Evaluation of Invisalign treatment effectiveness and efficiency compared with conventional fixed appliances using the Peer Assessment Rating index. Am J Orthod Dentofacial Orthop February 2017;151:259-66.
7. Buschang, P et al. Comparative time efficiency of aligner therapy and conventional edgewise braces. Angle Orthodontist, Vol 84, No 3, 2014.

Invisalign treatment is a series of clear plastic removable orthodontic aligners that gently move patients' teeth. An orthodontist or Invisalign trained dentist will be able to advise whether Invisalign treatment is right for you. Invisalign must be administered by a healthcare professional. You should always read and follow their directions for use. Advertisement by Invisalign Australia Pty Limited at Level 6, 154 Pacific Highway, St Leonards, NSW, 2065, Australia and Invisalign New Zealand Limited at Level 4, 135 Broadway, Newmarket, Auckland, 1023, New Zealand. ©2023 Align Technology, Inc. All rights reserved.

invis is
straight teeth
without the
drama.



Why Invisalign® clear aligners for your teen?

 **invisalign**
PROVIDER

invis is customised care for your teen's unique needs.

Invisalign clear aligners are **custom made**. Your teen will enjoy more predictable¹ and comfortable² teeth straightening, thanks to our patented SmartTrack™ material, which gradually moves teeth to a desired position.

Your teen will also receive customised care and support throughout their treatment from your trusted **Invisalign trained doctor**.

Key advantages of Invisalign clear aligners for your teen.

Trimmed to your teen's gumline for optimal comfort¹.

Engineered to straighten teeth more predictably¹.



Compliance Indicator: To help encourage wear and track compliance, doctors can apply a blue dot which fades with use.

Virtually transparent to encourage confident smiles.

10 things parents need to know about **Invisalign treatment**.

1 What is Invisalign treatment?

The Invisalign System is the virtually transparent way to straighten your teen's teeth without the restrictions that come with traditional braces. Rather than wires and brackets, the Invisalign System uses a series of virtually clear, removable aligners that have been custom-made for your teen's teeth. Your teen simply wears them over their teeth and changes them out for a new set of aligners approximately every 1-2 weeks. Little by little, your teen's teeth gradually shift into place, achieving that confident smile.

2 What are some of the practical advantages of Invisalign aligners over traditional braces?

With the Invisalign System, the aligners are removable, so your teen can continue to play sports as they would normally. They can also carry on playing musical instruments properly. With braces, there is a long list of foods your teen shouldn't eat, from popcorn to whole apples and raw carrots. With Invisalign treatment, there are no such restrictions. The removable aligners make it easy to brush and floss normally to maintain proper oral hygiene.

3 Are there any emotional concerns to consider?

With Invisalign treatment, no one needs to know your teen is straightening their teeth, giving them the confidence to be themselves in front of everyone.

4 How long does Invisalign treatment take?

The average treatment time is about the same as with traditional braces, but the actual length of your teen's treatment will depend on the initial position of their teeth and jaws and will be determined by your doctor as they develop the treatment plan for your teen.

5 Does my teen have to wear Invisalign aligners all the time?

Invisalign clear aligners are most effective when worn 22 hours per day and changed approximately every 1-2 weeks. Invisalign treatment has the option of including a compliance indicator in each aligner; this is a blue indicator that fades over time when used as directed, to help the doctor track compliance.

6 How much time will be spent visiting the doctor?

Invisalign treatment for your teen often requires less time with your doctor than traditional braces. There are no adjustments to make, no broken wires to fix and fewer emergency visits. After the initial appointment, follow-up appointments are usually scheduled every 6-8 weeks, or as recommended by your dentist or orthodontist.

7 Is Invisalign treatment as effective as traditional braces?

Yes. When worn according to the recommendations of an Invisalign trained doctor, Invisalign treatment for teens can be as effective as traditional braces. The Invisalign System can effectively treat mild to severe cases, including underbite, overbite, overcrowding and gaps between teeth. The chances are that your teen will be a great candidate for Invisalign treatment.

8 What happens if an aligner gets lost?

Not to worry - your doctor can arrange replacement aligners. In the event that an aligner is lost, you should inform your doctor right away and follow their advice on what to do next.

9 Who is suitable for Invisalign treatment?

Invisalign treatment can be used for teens who have erupting or erupted permanent dentition - this includes most teenagers. An Invisalign trained doctor should evaluate your teen's specific dental issues to determine eligibility.

10 How much does Invisalign treatment cost?

Invisalign treatment can cost about the same as traditional braces. Costs for orthodontic treatment can vary with location and with the complexity of treatment - see an Invisalign trained doctor for full details. Also, many doctors offer flexible and affordable monthly payments plans.