

## What is dento-facial aesthetics?

A traditional smile makeover, using modern cosmetic dental techniques, can achieve extraordinary results - a stronger, whiter, brighter, straighter smile - but this is really just a "tooth makeover".

Every day the muscles and soft tissues of our whole face are moving and every day exposure to the elements and pollution add to the wear and tear. In due course we discover that life's battle scars are permanently etched across our skin.

As we age, there is a decrease in the production of collagen, elastin and hyaluronic acid that give support and volume to our skin. Wrinkles, lines, grooves, depressions and a sunken appearance are the result. With facial aesthetic treatments your dentist can help smooth out the wrinkles and fill in the folds. Your beautiful, improved smile will be framed by a more youthful looking, but still age-appropriate, you. This is a true "smile makeover".

Dento-facial aesthetics addresses the interplay between the mouth and surrounding facial structures, so that the appearance of your face as a whole is in harmony.

We use safe, minimally invasive techniques and materials to quickly, easily and painlessly restore a more youthful appearance in a holistic way.



Previously BTx-A and dermal fillers were used independently of each other. Today, optimal results are achieved by combining these two treatments.

## Lose your wrinkles, not your character

*The main focus of our cosmetic dentists is* always to help you achieve the best looking YOU!

With the introduction of dento-facial aesthetic treatments, that goal is now even easier to achieve and the results are even more impressive.

The secret is personally tailored, minimal treatment - just enough to restore natural beauty without looking obvious; just enough for friends and family to comment how wonderful you look, without ever knowing just what has changed!



## Why your dentist is ideal for the job...

Your dentist is among the most qualified to offer you complete facial enhancement because...

### A DENTIST'S TRAINING AND EXPERTISE IS ALL ABOUT THE FACE

As a result of their university training, dentists graduate with a thorough understanding of facial structures and anatomy.

Knowing exactly where all the nerves, blood vessels and muscles are in the face is crucial to not only achieving the best results, but also avoiding potential complications.

### DENTISTS THOROUGHLY UNDERSTAND COMPLETE FACIAL AESTHETICS

A dentist works every minute of everyday on the face. Every day they focus on the principles and techniques to create beautiful faces. They constantly work with the interplay between facial structures and a person's smile to create an overall beautiful and youthful appearance.

When you think about how much time a dentist spends working on the structures of the face, it doesn't take long to realize the enormous advantages of having one artistic, highly skilled, facial specialist harmoniously blending techniques in one appointment.

### DENTISTS CAN MAKE THE PROCEDURES MORE COMFORTABLE

Dentists have the expertise to deliver profound anesthesia. They use the simple dental anesthetic techniques which they use all the time so that you experience the treatment in total comfort. There is no need for you to endure painful facial aesthetic treatments without anesthetic. Total comfort.

### DENTISTS CAN NOW TREAT PREVIOUSLY COMPLICATED DENTAL PROBLEMS QUICKLY AND EASILY

As well as providing aesthetic enhancement, dentists can also use these materials to offer better therapeutic solutions to their patients' existing dental problems.

Relaxing tension in the facial muscles can now ease chronic jaw joint pain, facial pain and tooth grinding, which in the past, have often proven difficult to treat even with radical surgery.



"Gummy smiles" (pictured above) could only previously be treated with extensive gum surgery and the placement of expensive crowns. Now we can relax the top lip and achieve a quick, simple, less invasive and pain free improvement.



## What is BOTOX®?

The popular term "BOTOX®" is actually a trade name for Botulinum Toxin Type A (BTx-A). BTx-A is a purified natural protein that is administered through the skin to work on the underlying muscles of the face.

Over years of repetitive and sometimes hyperactive contraction, these facial muscles cause wrinkles in the overlying skin. BTx-A relaxes the muscle contractions and allows the skin to become smooth again - regaining a more youthful appearance.

BTx-A is especially useful to treat "crow's feet" around the eyes, horizontal forehead lines and frown lines between the eyes. Results are temporary, lasting for 3-6 months.

*FACIAL AESTHETICS CAN SIGNIFICANTLY REDUCE SOME SIGNS OF AGEING*



## What are dermal fillers?

Hyaluronic Acid (HA) is a naturally occurring substance found in the body which helps to hydrate and provide volume to our skin - keeping it looking young.

With age and exposure to the elements, our bodies produce less of this youth-preserving ingredient and skin begins to sag creating unsightly facial lines and grooves, resulting in an overall dull and sunken appearance.

Using a HA based gel, which is administered into the dermis of the skin, Dentists can quite literally "fill" these lines, grooves and sunken areas - restoring youthful volume to the face and brightening your overall appearance.



HA Dermal Fillers are temporary by nature, lasting anywhere from 6-12 months before being completely absorbed by the body.

Dermal Fillers provide immediate results and as such are also ideal for use in lip augmentation to correct asymmetries or provide fuller, more defined lips, which perfectly compliment the outstanding cosmetic dentistry your Dentist can provide.



**Your AADFA Certified Dentist is:**



- ✓ Smooth wrinkles
- ✓ Soften deep lines and grooves
- ✓ Create more beautiful lips
- ✓ Simple, painless, effective

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